

MAY 29 2026, SYDNEY

Dietitians Unite®

EVENT AGENDA

7.30 -
8.30

BREAKFAST SESSIONS *(Limited spaces available. Ticketed sessions)*

Session 1: Thick feeds, clear care: Demystifying home enteral nutrition
Supported by Cardinal Health

Session 2: Not all probiotics are equal – Translating & recommending probiotic-rich foods in practice *Supported by Activia*

Session 3: Gut instincts – Understanding IBS & women’s digestive health
Supported by BioCeuticals

COFFEE CART *Supported by Dairy Farmers*

8.30 Welcome Sampling

9.00 Welcome and Opening Speaker *Michelle Bowden*

10.15 MORNING TEA BREAK

Choose a stream or workshop for the middle of the day:

BUSINESS STREAM | **CLINICAL STREAM** | **AGED CARE WORKSHOP**

11.00 -
11.45

Session #1: What I wish I knew about starting a private practice

Session #1: Respectful, responsive and real-life nutrition supports for neurodivergent children and their families

Session #1: Key learnings from the implementation of the strengthened Aged Care Standards

11.45 -
12.30

Session #2: Tech tools to streamline clinical care

Session #2: Identifying the signs of eating disorders in practice – and what to do next

Session #2: Dementia & nutrition care + Session #3: Innovations in aged care

12.30 LUNCH BREAK *Supported by Vita-Weat*

1.30 -
2.15

Session #3: Accelerate your business & career growth with smart AI strategies

Session #3: The role of CGMs in diabetes care and beyond

Session #4: Case study 1

2.15 -
3.00

Session #4: How to have credible influence (without being an ‘influencer’)

Session #4: Managing nutrition when pain and medications get in the way

Session #4: Case study 2

Aged Care Workshop supported by Dairy Australia, Nestlé Health Science, Nestlé Professional and Nutricia.

3.00 AFTERNOON TEA BREAK

3.45 Closing Speaker *Peter Merrett*

5.00 Close

Note: Times are listed in Syd/Melb time zone.

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